

Proposed changes to Accommodation Based Short Break Services for people with Disabilities

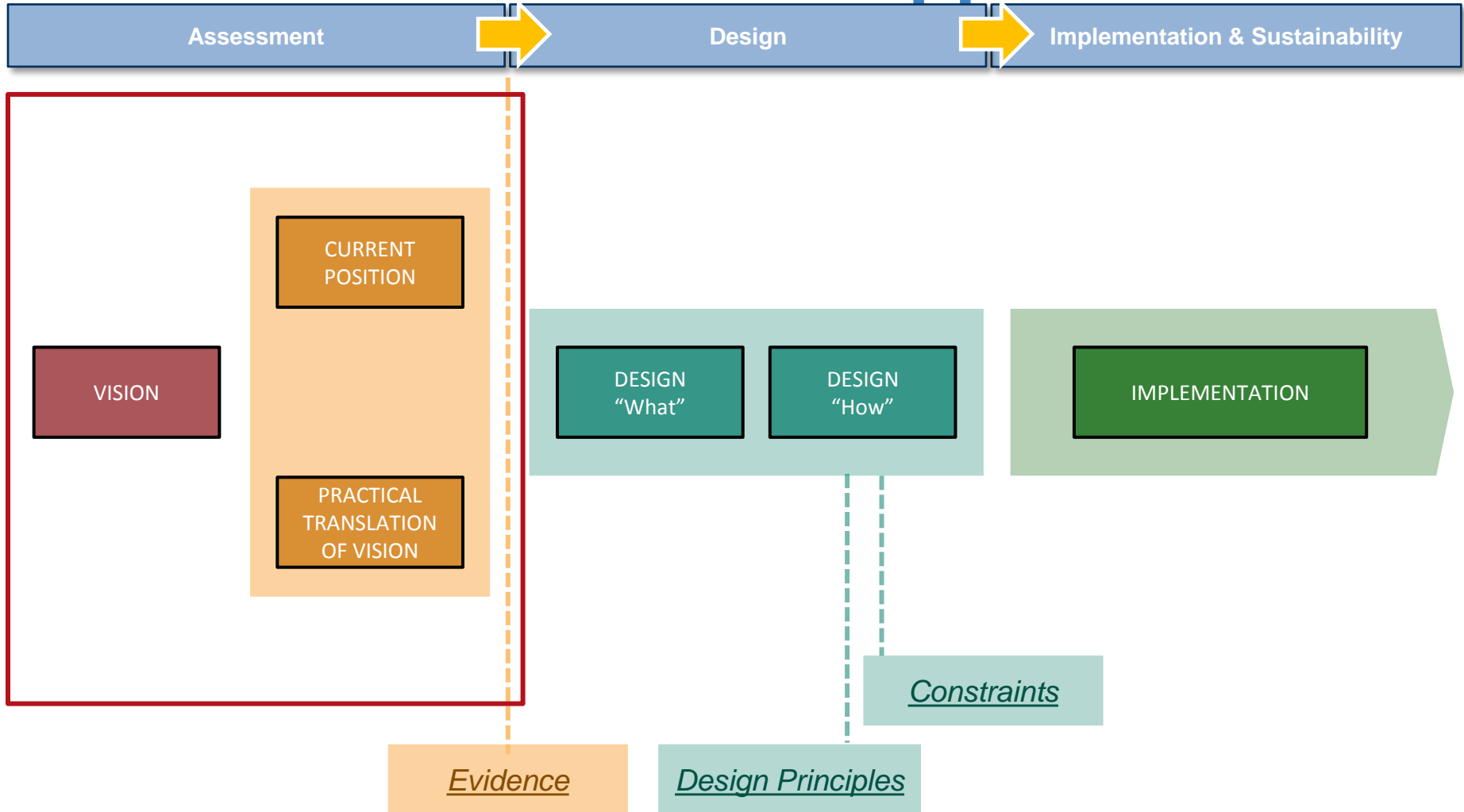
Penny Southern
Director of Disabled Children, Adults Learning Disability
and Mental Health

June 2016

Introduction

- KCC has undertaken a review of its Short Breaks provision for people with disabilities.
- This is part of the wider KCC transformation programme.
- The review is aligned with the Transformation Approach - Assessment, Design and Implementation.
- KCC currently provides 12 overnight accommodation based Short Break units across Kent - 7 x adults & 5 x children.

Transformation Approach



Assessment Phase

- **Data** – occupancy for both adults and children's, finances, dependency, number of short breaks days taken across the year
- **Discussed current resources available** – staffing, building, vehicles, training needed, community groups
- **Unplanned / Emergency placements** – What is needed and how should this work?
- **Criteria** - how services are currently accessed?
- **Specialist care** – severe and complex needs, health and medical care needs, dependency levels. Similarities and differences between children's & adults
- **Current and new legislation** – Care Act and Children & Families Act, CQC and Ofsted inspections
- **Challenges in current provisions** - seeking to identify the problems to then discuss in the design phase and create solutions

Design Phase - Outputs

- Develop a Short Breaks Lifespan Pathway & Transition Plan
- Identify & agree a Short Breaks Model for 16 – 25's
- Identify opportunities to improve existing provision and ensure the service is sustainable.
- Recognise a significant change in the aspirations of people with disabilities & their families in their choice of the type of adult short breaks.
- Identify an increase in the use of shared Lives, Personal Budgets, Direct Payments, other privately provided services; therefore a decrease in use of the 7 more traditional adult accommodation based services.
- Recognise that service users and their carers strongly support the ongoing provision of an effective accommodation based Short Breaks service
- Decrease the number of 16-25 year olds entering long term residential care.

Vision

- A specialist overnight and daytime accommodation based Short Break service, which meets the needs and aspirations of the service users and their families of those aged 16 years and above, who have disabilities, and additional complex needs.

The criterion for 'complex' needs is:

- Service user meets dependency level 3 to 6
- Carer is in crisis
- Exceptions agreed with Shared Lives



- At the point of transition (16+) ensure a Short Breaks Transition Plan is in place & there is a multi-disciplinary approach in short break units
 - Age 5 to 15: Continue with current Children's Short Breaks
 - Age 16 to 25: Includes 5 x DC Units, 4 x Adult Units, P & V sector, Shared Lives
 - Age 26 + Continue with Adult Short Breaks

KCC in-house services (Adults)



Meadowside – Walmer
22 Bedded Unit



Canterbury ASU – Canterbury
5 Bedded Unit



Southfields – Ashford
15 Bedded Unit



Hedgerows Staplehurst
5 Bedded Unit



Osborne Court – Faversham
13 Bedded Unit

Commissioned Services Adults



Rusthall Respite, Tunbridge Wells
5 Bedded Unit



The Birches, Tonbridge
3 Bedded Unit

KCC in-house Services (Children)



Bluebells – Maidstone
4 Bedded Unit



Treetops – Dartford
6 Bedded Unit



Windchimes – Herne Bay
6 Bedded Unit
Jointly funded by KCC and
Health Authority



Fairlawns – Ashford
7 Bedded Unit



Sunrise Centre – Southborough
6 Bedded Unit

Other Short Break Services

- **Shared Lives** - opportunity to stay with a host family in the family's home. There has been an increase in the use of short breaks from a total of 730 nights on 2012/13 to 811 nights in 2015/16.
- **Personal Budget - Direct Payments (DP)** - DP allow individuals to purchase their preferred provision from the provider. Use of the DP system has more than doubled since 2010.
- **Carers Short Break Service** – The service is delivered in the cared for person's own home. This has been commissioned as a result of the Care Act.
- **Transition between Children & Adult's Short Break services** - Pilot currently underway - has identified that it suits some individual's needs to remain in children's Short Break services after their 18th birthday & for others to move to adult services at 16.
- **Other KCC Short Breaks** - KCC has 6 other adult accommodation based Short Break services across the County.
- **Local Care Homes** - There are residential/care homes across Kent that also offer Short Breaks.

Proposal

- Due to the increased range of alternative Short Break services individuals are currently choosing & the reducing occupancy in our adult KCC Short Breaks we need:
 - less adult accommodation based short break buildings
 - to invest in our remaining buildings to ensure they are fit for purpose.
- Therefore, KCC is now proposing to make the following changes:
 - To close the building at Osborne Court in Faversham and deliver services through other settings
 - To invest in improvements to the Southfields site in Ashford
- These changes will not see any reduction in what individuals are currently receiving at Osborne Court, it will mean a change in where it will happen.

Current Profile of Services

Short Break Units (January to September 2015)	Number of Beds	Occupancy (%)	Status
In-House (Adults)			
Osborne Court, Faversham	13	-43.75%	under-occupied
Meadowside, Deal	22	-24.40%	under-occupied
Southfields, Ashford	15	-22.96%	under-occupied
Hedgerows, Staplehurst	5	100%	-
88 Whitstable Road, Canterbury	6	-18.40%	under-occupied
In-House (Children)			
Fairlawns, Ashford	7	100%	-
Sunrise Centre, T. Wells	6	-0.25%	under-occupied
Windchimes, Herne Bay	6	100%	-
Treetops, Dartford	6	-16.85%	under-occupied
Bluebells, Maidstone	4	-2.70%	under-occupied
Commissioned Externally (Adults)	Number of Beds	Occupancy (%)	Status
Rusthall, Southborough ***	5	-44%	under-occupied
The Birches, Tonbridge	3	100%	-

*** This occupancy level does not include the dependency of S.U's

Osborne Court

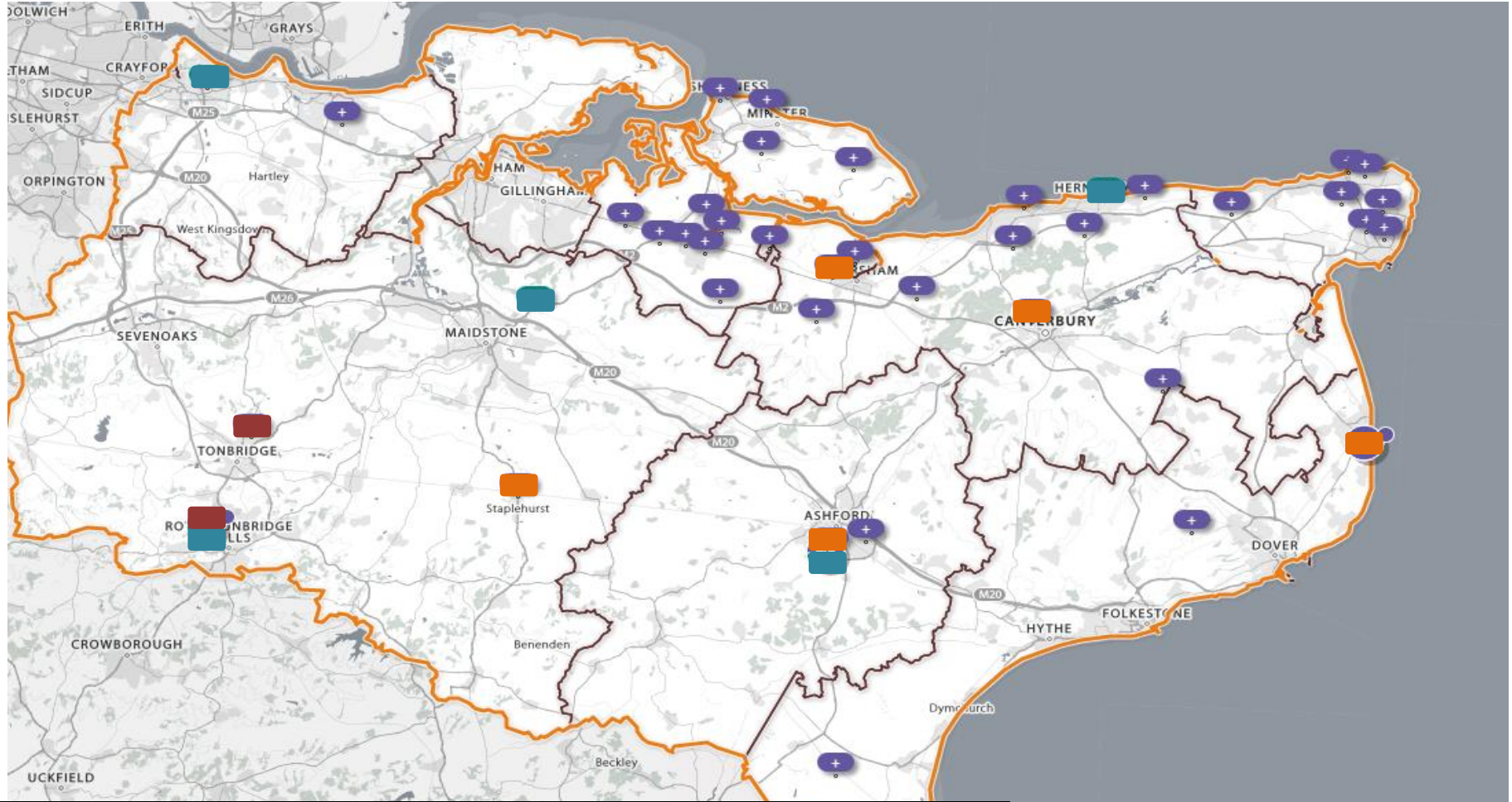
Property & Infrastructure reviewed the adults Short Break estate in 2014. The desk top review considered an alternative property strategy. For the following reasons the information concluded that Osborne Court is out of date and is not deemed to be fit for purpose and would require total refurbishment for it to continue.

- A Life Cycle survey identified high costs to cover maintenance works to the fabric of the building.
- The building is not fully accessible:
 - Unable to use the first floor
 - Lack of space in rooms
 - Lack of en-suite facilities

- The site is shared, including utilities. The day service is in the process of moving off site.
- The site & buildings are prone to vandalism. Osborne Court recently suffered a number of broken windows and cars have also been damaged. An empty part of the site may increase this risk.



Mapping (Osborne Court Service Users)



Powered by Kent SHAPE Atlas

	Anonymised location of client(s)		Short Break Unit – Adults
	Short Break Unit - Children		External Short Breaks (Block Contracts)

Future Investment

- The 2014 Property & Infrastructure survey recommended we retain Southfields, Ashford. Out of all the sites considered it was the best size for development.
- There is an agreed capital investment in to the site at Southfields. The reason why Southfields is suggested as the optimum choice of site is as follows:
 - Ashford's position in central Kent offers good access to public transport & major routes – therefore accessible to a wider number of people requiring a Short Break.
 - The two semi-independent flats offer a more flexible range of accommodation based Short Break services.
 - The site is large and level & offers the opportunity to either add on to the existing footprint or reconfigure the internal areas.
 - The service is within a mile of Fairlawns children's Short Break unit & offers the opportunity for a greater joined-up Transitional approach.



Future Investment continued.....

- Feasibility (April 2016) - the proposed refurbishment will offer the opportunity to develop the building, facilities and activities in to a centre of excellence. The building already has a lift and disabled access is good, however needs further adaptation to ensure there is full access to all areas of the building. The initial plans offer the following:
 - an upgrade to the accommodation side of the building, with an increase in the number of fully accessible en-suite bedrooms
 - the reconfiguration of the communal/social part of the building to include a sensory space, changing place and generally more flexible space for the use during the day, evenings and weekends.



- The addition of this new flexible space will support other types of Short Breaks such as day activities, evening and weekend clubs and activities and transitional support.

What Happens Next

12 Week Consultation Period	7th June 2016 to 29th August 2016
Recommendation reports presented to Adult Social Care and Public Health Cabinet Committee for discussion	11 th October 2016
Key decision taken by Cabinet Member for Adult Social Care and Public Health	Week commencing 24 th October 2016
Expected start date for changes, if the proposal is agreed	From January 2017

- We have invited you to various group meetings to hear your feedback, views and ideas on the proposal.
- Service users & their parent/carers have been invited to 1:1 meetings to discuss possible alternative services.
- Views expressed throughout the consultation period will help inform the decision on whether or not to proceed with the proposed changes. Service users and other stakeholders will be notified when the decision has been made.

You can feedback using the following methods:

Logging on to the website:
kent.gov.uk/shortbreaksconsultation

Emailing: shortbreaksconsultation@kent.gov.uk

Phone:

Jeni Lawford on Tel: 01233 620256



Thank You



Any Questions